

Testimonials



“Although nationally designed, the MEND programme is very locally sensitive in its delivery. We’ve been able to tailor the programme to suit our local, ethnically diverse population.”

Cathie Shaw

Senior Public Health Strategist

Tower Hamlets, East London and the City Health Authority

Liz Messenger

Health Improvement Practitioner Advanced (Obesity)

NHS Kirklees

“The MEND 2-4 programme is playing a valuable role in our local obesity care pathway. We chose it as our early years’ service because it is backed by extensive evidence and produces clear and positive health outcomes.”

“MEND demonstrates an excellent evidence based service delivery model, with a strong commitment to research and evaluation and cost-effectiveness.”

Teresa Williams

**Commissioning Manager,
Health and Wellbeing
(Children and Young People),
Public Health, NHS Wirral**

“Obesity is a complex area that needs specialist input. It’s important for us to deliver safe and effective services which is a key reason for repeatedly choosing MEND.”

Heather Yüregir

**Health Improvement
Specialist
NHS Outer North
East London**

“After a very positive experience of running the MEND 7-13 programme, we’re now extending provision to younger children aged 5-7 to meet increasing local demand for weight management services.”

Lesley Jones

**Deputy Director
Public Health,
NHS Bolton**